

## **OCTOBER 2024**

Shenandoah JK-8 Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
-		Pepperoni Bosco Or Ham Sub Green Beans and Veggie Bar Applesauce or Pineapple Chunks Choice of Milk	Mini Corn Dogs Or Uncrustable Dinner Roll Corn and Veggie Bar Strawberries or Peaches Choice of Milk	Hard Shell Tacos (2) Or Ham Sub Refried Beans and Veggie Bar Applesauce or Grapes Choice of Milk	Hamburger Or Ham Sub Celery Sticks and Veggie Bar Mixed Fruit or Apple Choice of Milk
	BBQ Rib Sandwich Or Fresh Turkey Sub Peas, Veggie Bar Applesauce or Orange Choice of Milk	Spaghetti w/meat sauce 8 w/ Garlic Toast Or Fresh Turkey Sub Cucumbers, Veggie Bar Strawberries or Peaches Choice of Milk	Tenderloin Sandwich Or Fresh Turkey Sub Baked Beans, Veggie Bar Mixed Fruit Cup or Banana Choice of Milk	Mashed Potato Bowl 10 w/Roll Or Uncrustable Veggie Bar Peaches or Applesauce Choice of Milk	Stuffed Crust Pizza Or Fresh Turkey Sub Corn, Veggies Bar Mixed Berries or Apple Choice of Milk
	Chicken Drumstick w/Biscuit Or Chicken Bacon Ranch Wrap Green Beans, Veggie Bar Apple or Orange Choice of Milk	Walking Taco Or 15 Chicken Bacon Ranch Wrap Black Beans, Veggie Bar Juicy Juice or Strawberries Choice of Milk	Cheeseburger Or 16 Chicken Bacon Ranch Wrap French Fries, Veggie Bar Watermelon or Applesauce Choice of Milk	Meatball Sub Or Uncrustable Peas, Veggie Bar Diced Pears or Peaches Choice of Milk	Orange Chicken w/fortune cookie Or Chicken Bacon Ranch Wrap Rice Pilaf, Veggie Bar Mandarin Oranges or Applesauce
	Savory Chicken Sandwich Or Fresh Fillie Sub California Veggies, Veggie Bar Peaches or Apple Choice of Milk	Chicken Nuggets Or Fresh Fillie Sub Bell Peppers, Veggie Bar Grapes or Applesauce Choice of Milk	Sloppy Joe Or Uncrustable Baked Beans, Veggie Bar Diced Pears or Strawberries Choice of Milk	No School	No School
	Pulled Pork Sandwich 28 Or Fresh Turkey Sub Coleslaw, Veggie Bar Orange or Applesauce Choice of Milk	Macho Nacho Or Fresh Turkey Sub Refried Beans, Veggie Bar Peaches or Banana Choice of Milk	French Bread Pizza Or Fresh Turkey Sub Green Beans, Veggie Bar Mixed Fruit Cup or Strawberries Choice of Milk	Chicken Tenders w/Bread 31 Or Fresh Turkey Sub Corn, Veggie Bar Juicy Juice or Applesauce Choice of Milk	
	Student Lunch JK-4 \$2.45 5-8 \$2.65	This institution is an equal opportunity provider			
	Adult Lunch \$4.85 Extra Entrée \$1.50 Extra Milk \$0.40	<b>Veggie bar</b> = (Included with 1 <sup>st</sup> meal option) Tossed Salad, Broccoli, Carrots, Garbanzo Beans			